

2 - 2ª jornada, 1ª sesión

30/05/2026

Prueba 9
30/05/2026

400m Libre

20 años y mayores
Resultados

Clasificación	AN	Tiempo	RT
25+, Masc.			
1. MARRERO DELGADO, Eduardo Albert	99 C.N. Los Cristianos	4:43.07 19,00	
100m: 1:05.86 1:05.86 200m: 2:16.10 1:10.24 300m: 3:28.58 1:12.48 400m: 4:43.07 1:14.49			
30+, Masc.			
1. ARBELO RODRIGUEZ, Nauzet	93 C.N. Salinas Sta. Luc	5:02.53 19,00	
100m: 1:14.05 1:14.05 200m: 2:31.82 1:17.77 300m: 3:49.13 1:17.31 400m: 5:02.53 1:13.40			
2. GONZALEZ GARRIDO, Jorge	93 C.D.N. Baja Larga	5:05.20 16,00	
100m: 1:09.22 1:09.22 200m: 2:27.42 1:18.20 300m: 3:47.38 1:19.96 400m: 5:05.20 1:17.82			
3. SUAREZ GARCIA, Adrian	96 C.D. Belen Maria	5:06.54 14,00	
100m: 1:10.73 1:10.73 200m: 2:28.81 1:18.08 300m: 3:48.04 1:19.23 400m: 5:06.54 1:18.50			
4. BRITO HERNANDEZ, Fernando Jose	92 Club Deportivo Teimar	5:31.73 13,00	
100m: 1:15.81 1:15.81 200m: 2:39.32 1:23.51 300m: 4:05.40 1:26.08 400m: 5:31.73 1:26.33			
35+, Masc.			
1. HENRIQUEZ HERNANDEZ, Rafael	87 C.N. Las Palmas	4:56.07 19,00	
100m: 1:09.23 1:09.23 200m: 2:24.57 1:15.34 300m: 3:40.41 1:15.84 400m: 4:56.07 1:15.66			
2. MEDINA LORENZO, Saul	89 C.N. Carucagua	6:38.33 16,00	
100m: 1:31.29 1:31.29 200m: 3:14.01 1:42.72 300m: 4:56.95 1:42.94 400m: 6:38.33 1:41.38			
40+, Masc.			
1. NAVARRO PEREZ, Josymar	86 C.N. Valleverde	7:18.02 19,00	
100m: 1:36.82 1:36.82 200m: 3:27.55 1:50.73 300m: 5:23.75 1:56.20 400m: 7:18.02 1:54.27			
DSQ RODRIGUEZ VIERA, Jose Javier	82 C.N. Las Palmas	-	
DND - Desc no realizar toda la distancia			
NP TAMAJON MARTIN, Melecio	83 C.N. Martianez Coral Hotels	-	
45+, Masc.			
1. RODRIGUEZ REYES, Miguel A	77 C.N. Las Palmas	5:18.17 19,00	
100m: 1:13.69 1:13.69 200m: 2:34.64 1:20.95 300m: 3:57.11 1:22.47 400m: 5:18.17 1:21.06			
2. YANES BOWDEN, Geoffrey	80 C. Tenerife Masters	5:26.23 16,00	
100m: 1:16.03 1:16.03 200m: 2:39.80 1:23.77 300m: 3:59.41 1:19.61 400m: 5:26.23 1:26.82			
3. GONZALEZ HERNANDEZ, Gustavo	78 C.N. Martianez Coral	6:26.03 14,00	
100m: 1:29.25 1:29.25 200m: 3:08.86 1:39.61 300m: 4:49.56 1:40.70 400m: 6:26.03 1:36.47			
4. QUEVEDO GUTIERREZ, Pablo Juan	79 C.N. Valleverde	8:05.93 13,00	
100m: 1:58.75 1:58.75 200m: 4:08.92 2:10.17 300m: 6:11.78 2:02.86 400m: 8:05.93 1:54.15			
Baja CANO GONZALEZ, Jonay	79 C.N. Los Cristianos	-	

Prueba 9, 400m Libre

50+, Masc.

1.	BAEZ GONZALEZ, Jose Carlos	75	C.N. Martiane Coral	4:33.98	27,00	100m: 1:05.55	1:05.55	200m: 2:15.16	1:09.61	300m: 3:25.27	1:10.11	400m: 4:33.98	1:08.71
2.	SANCHEZ LAZARO, Luis Acayro	76	C. Tenerife Masters	5:04.55	16,00	100m: 1:09.04	1:09.04	200m: 2:26.33	1:17.29	300m: 3:45.66	1:19.33	400m: 5:04.55	1:18.89
3.	QUINTANA RODRIGUEZ, Alvaro	74	C. Tenerife Masters	5:27.31	14,00	100m: 1:15.02	1:15.02	200m: 2:39.44	1:24.42	300m: 4:05.31	1:25.87	400m: 5:27.31	1:22.00
4.	RODRIGUEZ HERNANDEZ, Juan Manu	76	C.N. Salinas Sta. Luc	5:44.05	13,00	100m: 1:16.98	1:16.98	200m: 2:44.68	1:27.70	300m: 4:14.74	1:30.06	400m: 5:44.05	1:29.31
5.	PELAEZ MARTINEZ, Gonzalo	72	C. Tenerife Masters	6:11.08	12,00	100m: 1:25.72	1:25.72	200m: 3:01.73	1:36.01	300m: 4:40.89	1:39.16	400m: 6:11.08	1:30.19
6.	SEGARRA CARRANZA, Isaac	74	C.N. Salinas Sta. Luc	6:35.50	11,00	100m: 1:31.75	1:31.75	200m: 3:14.43	1:42.68	300m: 4:57.39	1:42.96	400m: 6:35.50	1:38.11
7.	ARENCIBIA QUINTANA, Jose Luis	74	C.N. Valleverde	9:15.54	10,00	100m: 1:53.79	1:53.79	200m: 4:16.85	2:23.06	300m: 6:50.45	2:33.60	400m: 9:15.54	2:25.09

55+, Masc.

1.	BRUSCOLOTTI, Fabio	68	C. Tenerife Masters	4:53.09	19,00	100m: 1:10.04	1:10.04	200m: 2:24.23	1:14.19	300m: 3:38.74	1:14.51	400m: 4:53.09	1:14.35
2.	DOMINGUEZ CABRERA, Arnaudis	67	C.D. Belen Maria	5:02.10	16,00	100m: 1:07.65	1:07.65	200m: 2:22.88	1:15.23	300m: 3:40.93	1:18.05	400m: 5:02.10	1:21.17
3.	MARVELLI, Andres	68	C.N. Las Palmas	5:18.88	14,00	100m: 1:13.58	1:13.58	200m: 2:34.86	1:21.28	300m: 3:57.15	1:22.29	400m: 5:18.88	1:21.73
4.	OLLIVIER, Bertrand	71	R.C. Náutico De La P	5:25.03	13,00	100m: 1:14.53	1:14.53	200m: 2:37.82	1:23.29	300m: 4:02.91	1:25.09	400m: 5:25.03	1:22.12
5.	MARTINEZ IBORT, David	71	C.N. Las Palmas	5:43.06	12,00	100m: 1:20.14	1:20.14	200m: 2:48.78	1:28.64	300m: 4:18.52	1:29.74	400m: 5:43.06	1:24.54
6.	NUEZ SANCHEZ, Carlos Luis	69	C.N. Aguacan	5:44.57	11,00	100m: 1:21.49	1:21.49	200m: 2:48.40	1:26.91	300m: 4:17.18	1:28.78	400m: 5:44.57	1:27.39
7.	SANTANA CABALLERO, Jose	69	C.D. Belen Maria	5:57.55	10,00	100m: 1:20.86	1:20.86	200m: 2:51.96	1:31.10	300m: 4:25.91	1:33.95	400m: 5:57.55	1:31.64
8.	MACIA ALONSO, Joaquin Miguel	69	C. Tenerife Masters	6:33.71	9,00	100m: 1:26.46	1:26.46	200m: 3:05.79	1:39.33	300m: 4:50.62	1:44.83	400m: 6:33.71	1:43.09
9.	CRESPO GARCIA, Alvaro	67	C.N. Valleverde	6:56.02	8,00	100m: 1:34.69	1:34.69	200m: 3:21.93	1:47.24	300m: 5:11.85	1:49.92	400m: 6:56.02	1:44.17
10.	MONTESDEOCA TOLEDO, Jose Javier	70	C.N. Carucagua	7:20.37	7,00	100m: 1:44.15	1:44.15	200m: 3:39.49	1:55.34	300m: 5:34.65	1:55.16	400m: 7:20.37	1:45.72
NP	SANTANA MIRANDA, Antonio Manuel	67	C.N. Metropole	-	-								

60+, Masc.

1.	LUZARDO RODRIGUEZ, Gustavo Adolfr	66	C.N. Metropole	5:25.71	19,00	100m: 1:15.95	1:15.95	200m: 2:39.13	1:23.18	300m: 4:03.40	1:24.27	400m: 5:25.71	1:22.31
2.	ARIAS FEBLES, Jose Manuel	64	C.N. Metropole	5:35.38	16,00	100m: 1:20.13	1:20.13	200m: 2:46.33	1:26.20	300m: 4:12.79	1:26.46	400m: 5:35.38	1:22.59
3.	GONZALEZ ARMAS, Juan Carlos	63	C. Tenerife Masters	5:40.17	14,00	100m: 1:18.75	1:18.75	200m: 2:46.12	1:27.37	300m: 4:13.56	1:27.44	400m: 5:40.17	1:26.61
4.	HERNANDEZ BENTO, Enrique Francisc	64	C.D. Belen Maria	5:41.89	13,00	100m: 1:16.44	1:16.44	200m: 2:43.15	1:26.71	300m: 4:13.18	1:30.03	400m: 5:41.89	1:28.71

Prueba 9, Masc., 400m Libre, 60+

Clasificación	AN	Tiempo	RT
5. MARTIN LORENZO, Pablo	63 C.N. Metropole	7:38.52 12,00	
100m: 1:46.52 1:46.52 200m: 3:46.77 2:00.25 300m: 5:46.05 1:59.28 400m: 7:38.52 1:52.47			

65+, Masc.

1. GONZALEZ PEREZ, Domingo	61 C. Tenerife Masters	5:43.00 19,00	
100m: 1:22.31 1:22.31 200m: 2:49.77 1:27.46 300m: 4:18.18 1:28.41 400m: 5:43.00 1:24.82			
2. DIAZ DIAZ, Celso Julio	59 C. Tenerife Masters	6:21.76 16,00	
100m: 1:26.88 1:26.88 200m: 3:04.02 1:37.14 300m: 4:43.58 1:39.56 400m: 6:21.76 1:38.18			
3. MORENO PEREZ, Jose Andres	58 C. Tenerife Masters	7:27.08 14,00	
100m: 1:42.70 1:42.70 200m: 3:38.33 1:55.63 300m: 5:35.17 1:56.84 400m: 7:27.08 1:51.91			

70+, Masc.

1. GARCIA LA ESPADA, Jose	53 C. Tenerife Masters	12:46.94 19,00	
100m: 3:11.41 3:11.41 200m: 6:25.18 3:13.77 300m: 9:43.59 3:18.41 400m: 12:46.94 3:03.35			

20+, Fem.

Baja LAMBERTO GARCIA, Ana Maria 02 C.D. Jerez Natacion Master -

25+, Fem.

1. MARTIN MELIAN, Raquel	99 C.N. Vulcania Master	5:13.29 19,00	
100m: 1:14.23 1:14.23 200m: 2:33.77 1:19.54 300m: 3:54.47 1:20.70 400m: 5:13.29 1:18.82			
2. SANTANA FLORES, Ainhoa	01 C.D. Belen Maria	5:16.88 16,00	
100m: 1:14.10 1:14.10 200m: 2:34.60 1:20.50 300m: 3:57.47 1:22.87 400m: 5:16.88 1:19.41			
3. RIVERO GONZALEZ, Erika	01 C.N. Las Palmas	5:26.92 14,00	
100m: 1:17.05 1:17.05 200m: 2:39.41 1:22.36 300m: 4:03.82 1:24.41 400m: 5:26.92 1:23.10			
4. TRUJILLO MORENO, Sara	97 C.N. Metropole	5:39.91 13,00	
100m: 1:18.43 1:18.43 200m: 2:45.47 1:27.04 300m: 4:13.67 1:28.20 400m: 5:39.91 1:26.24			
5. PULIDO MONZON, Laura	98 C.D. Jescagua	5:43.16 12,00	
100m: 1:17.77 1:17.77 200m: 2:45.22 1:27.45 300m: 4:14.16 1:28.94 400m: 5:43.16 1:29.00			
6. PEREZ SUAREZ, Laura	01 C.N. Las Palmas	5:47.34 11,00	
100m: 1:21.11 1:21.11 200m: 2:49.39 1:28.28 300m: 4:19.03 1:29.64 400m: 5:47.34 1:28.31			

30+, Fem.

1. ARTILES CARBALLO, Irene	96 C.N. Las Palmas	5:15.71 19,00	
100m: 1:14.04 1:14.04 200m: 2:35.09 1:21.05 300m: 3:55.63 1:20.54 400m: 5:15.71 1:20.08			

35+, Fem.

1. SANTAELLA TERUEL, Marta	91 C. Tenerife Masters	5:54.56 19,00	
100m: 1:20.77 1:20.77 200m: 2:52.06 1:31.29 300m: 4:24.56 1:32.50 400m: 5:54.56 1:30.00			

40+, Fem.

1. ARMAS ROCA, Marta	83 C.N. Metropole	5:20.94 19,00	
100m: 1:14.63 1:14.63 200m: 2:37.06 1:22.43 300m: 4:00.09 1:23.03 400m: 5:20.94 1:20.85			
2. BERNARDOS CRUZ, Idoia	83 C.N. Metropole	5:46.85 16,00	
100m: 1:20.17 1:20.17 200m: 2:48.70 1:28.53 300m: 4:18.64 1:29.94 400m: 5:46.85 1:28.21			
3. CORTES ALVAREZ, Elisa	82 C.D. Jescagua	7:45.58 14,00	
100m: 1:46.30 1:46.30 200m: 3:45.88 1:59.58 300m: 5:47.09 2:01.21 400m: 7:45.58 1:58.49			

Prueba 9, Fem., 400m Libre, 40+

Clasificación	AN	Tiempo	RT
4. RIVERO RIVERO, Natalia Del Carmen	86 C.D. Solventia	8:11.11 13,00	
100m: 1:52.92 1:52.92 200m: 3:59.12 2:06.20 300m: 6:08.27 2:09.15 400m: 8:11.11 2:02.84			
NP HERNANDEZ MARRERO, Yurena Aran82zu	C.N. Salinas Sta. Lucia	-	

45+, Fem.

1. DE LA PEÑA TRUJILLO, Arminda	78 C.D. Belen Maria	6:42.77 19,00	
100m: 1:33.19 1:33.19 200m: 3:15.39 1:42.20 300m: 5:00.57 1:45.18 400m: 6:42.77 1:42.20			
2. RIZO OSUNA-MOYANO, Nuria	78 C. Tenerife Masters	6:48.42 16,00	
100m: 1:31.76 1:31.76 200m: 3:16.89 1:45.13 300m: 5:03.29 1:46.40 400m: 6:48.42 1:45.13			
3. CARBALLO RODRIGUEZ, Eloina	81 Club Deportivo Teimar	8:07.22 14,00	
100m: 1:57.49 1:57.49 200m: 4:02.22 2:04.73 300m: 6:08.96 2:06.74 400m: 8:07.22 1:58.26			

50+, Fem.

1. GARCIA GARCIA, Maria Miriam	72 C. Tenerife Masters	5:39.36 19,00	
100m: 1:19.80 1:19.80 200m: 2:46.56 1:26.76 300m: 4:14.62 1:28.06 400m: 5:39.36 1:24.74			
2. LORENZO DIAZ, Maria Candelaria	73 Club Deportivo Teimar	5:51.85 16,00	
100m: 1:20.96 1:20.96 200m: 2:49.34 1:28.38 300m: 4:20.50 1:31.16 400m: 5:51.85 1:31.35			
3. DELGADO MARTIN, Montserrat	75 C.N. Los Cristianos	6:10.10 14,00	
100m: 1:28.02 1:28.02 200m: 3:02.69 1:34.67 300m: 4:39.16 1:36.47 400m: 6:10.10 1:30.94			
4. PEREZ GARCIA, Noemi	73 C. Tenerife Masters	6:39.99 13,00	
100m: 1:33.04 1:33.04 200m: 3:17.01 1:43.97 300m: 5:01.28 1:44.27 400m: 6:39.99 1:38.71			
5. DIAZ SANTANA, Luz Marina	76 C.D.N. Playuki	7:28.39 12,00	
100m: 1:47.55 1:47.55 200m: 3:43.50 1:55.95 300m: 5:39.22 1:55.72 400m: 7:28.39 1:49.17			
DSQ VALIDO CARREÑO, Isabel	74 C.N. Las Palmas	-	
DSA - Desc Salida Anticipada			

55+, Fem.

1. PADRÓN PEÑA, Pilar	68 C. Tenerife Masters	6:37.89 19,00	
100m: 1:31.33 1:31.33 200m: 3:12.71 1:41.38 300m: 4:54.21 1:41.50 400m: 6:37.89 1:43.68			
2. GLAUBITZ, Susanne	70 C.D. Nonadamos	7:32.58 16,00	
100m: 1:47.43 1:47.43 200m: 3:43.70 1:56.27 300m: 5:39.67 1:55.97 400m: 7:32.58 1:52.91			
Baja RODRIGUEZ ESPARRAGON, Isabel	71 C.D. Nonadamos	-	

60+, Fem.

1. RAMIREZ SANTANA, Cristina	65 C.N. Metropole	6:16.94 19,00	
100m: 1:30.19 1:30.19 200m: 3:06.46 1:36.27 300m: 4:42.64 1:36.18 400m: 6:16.94 1:34.30			
2. KHAN, Stephanie Jean	64 C. Tenerife Masters	6:37.93 16,00	
100m: 1:30.21 1:30.21 200m: 3:12.53 1:42.32 300m: 4:55.92 1:43.39 400m: 6:37.93 1:42.01			
3. PEREZ MACIAS, Juana Teresa	63 C.N. Metropole	6:56.09 14,00	
100m: 1:39.31 1:39.31 200m: 3:26.06 1:46.75 300m: 5:12.44 1:46.38 400m: 6:56.09 1:43.65			

65+, Fem.

1. DE ARMAS FUMERO, Elsa	57 C. Tenerife Masters	7:33.25 19,00	
100m: 1:51.21 1:51.21 200m: 3:51.18 1:59.97 300m: 5:46.79 1:55.61 400m: 7:33.25 1:46.46			
2. LARRODE GARCIA, Pilar	59 C. Tenerife Masters	8:25.23 16,00	
100m: 2:03.34 2:03.34 200m: 4:12.52 2:09.18 300m: 6:21.24 2:08.72 400m: 8:25.23 2:03.99			

Prueba 9, 400m Libre

75+, Fem.

1.	SEGARRA PEÑARROYA, Rosa	49	C.N. Vulcania Master	6:52.91	19,00
100m:	1:37.65	1:37.65	200m:	3:23.87	1:46.22
300m:	5:09.87	1:46.00	400m:	6:52.91	1:43.04